

February 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday 1	Saturday 2
					Snowman/Snowflakes	
3	4	5	6	7	8	9
	Health and Nutrition	Health and Nutrition	Health and Nutrition	Health and Nutrition	Health and Nutrition	
10	11	12	13	14	15	16
	Valentine's	Valentine's	Valentine's	Valentine's	Valentine's	
17	18	19	20	21	22	23
	President's Day. Center is closed.	Exercises and Fitness	Exercises and Fitness	Exercises and Fitness	Exercises and Fitness	
24	25	26	27	28		
	Dental Health	Dental Health	Dental Health	Dental Health	Dental Health	